



It's Time to Heal

Bringing the Quantum Factor into Patient Care

Toward a participatory and open perspective of healing



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**FORUM
MAY 1
2010**

**FIRST NATIONS
HOUSE OF
LEARNING**

**UBC CAMPUS
8:00 - 5:00**

From close to 30 years in family practice, I know the strengths and effectiveness of Medicine in diagnosis and interventions that are life-saving. At the same time, I am aware of its limitations to do much more than manage and contain many debilitating and devastating chronic diseases and many cancers.

Given the growing burden of disease and the increasing expense and shortage of medical manpower and resources, our societies need solutions to a crisis in health care that continues to expand. Perhaps what is needed is whole shift in perspective.

Medicine focuses almost exclusively on the physical body. As Einstein is quoted as saying – “you can’t solve a problem with the same thinking that caused it.” My version is – “you can’t solve a physical problem by only physical means. You have to go to another level and that level is the level of energy – of thoughts, beliefs, and emotions – what I call the quantum factor.

The current medical model of disease substantially leaves out the quantum factor.

In doing so, it leaves out the contribution that patients themselves can make to their health and well-being. When patients don’t feel they can make a difference and are not empowered, they are in fear and fear is the greatest obstacle to a good outcome.

In my view, if we want better outcomes for patients, we have to expand our working model of disease to give attention to these underlying causal factors – unconsciously held beliefs, thoughts and associated emotions - and their impact on the physical body. There is some 30 years or more of experience, that I am aware of, showing the link between these mental and emotional factors and disease and giving testimony of healing from chronic disease, cancer and other illnesses when these energetic factors are addressed and cleared. There are many energy-based healing modalities – Resonance Repatterning, Psych-K, and more – that have supported patients to fully heal.

In the Forum, you will be invited to speak of your concerns for patient care. You will hear from experts who will deliver on the science that supports a new expanded model of disease that allows for the participation of patients and utilization of energetic therapies along with medical treatment. You will hear from a few practitioners of their experience of healing (of clients/patients) and attendees at the Forum will be invited to share their experience.



The Forum will be of interest to physicians, medical students, nurses and other health care professionals, health care administrators, patients and interested public. The Forum will be primarily a dialogue and information session for health care professionals. Interested public are also welcome.

It is time to recognize that Medicine does not have to, nor is it able, to carry the burden of disease alone.

It is time to acknowledge that a largely mechanistic or physical approach to disease is not enough.

It is time to involve much more the key player – the patient – and help support him/her to release unconsciously held thoughts, emotions and beliefs in the way of well-being. .

It is time for a participatory and open perspective of healing.

It's time to heal.

Nelie Johnson MD

Visionary and co-organizer of the Forum